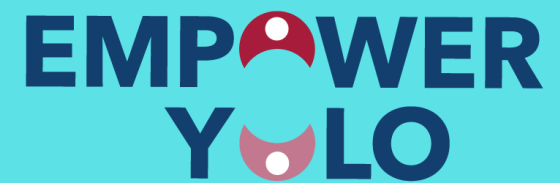


APRIL 2021 SEXUAL ASSAULT AWARENESS MONTH & CHILD ABUSE PREVENTION MONTH



Promoting Safe, Healthy & Resilient Communities

SUN	MON	TUE	WED	THU	FRI	SAT
	<p>Thank you to our sponsor UC Davis Women's Law Association for supporting Sexual Assault Awareness Month.</p>	<p>Thank you to the "Friends of Empower Yolo" for supporting survivors and families in need.</p>	<p>Month long "Shower for the Shelter" donation drive for survivors hosted by the "Friends of Empower Yolo." For more info visit: empoweryolo.org.</p>	<p>1 Follow Empower Yolo this month at: empoweryolo.org; Facebook @empoweryolo; Instagram & Twitter @empower_yolo.</p>	<p>2 In the U.S., every 73 seconds a person is sexually assaulted; and every 9 minutes, that victim is a child. -RAINN website.</p>	<p>3 UC Davis Women's Law Association & I/W/H virtual walk/run event; April 3-11 in support of Empower Yolo. For more info visit: empoweryolo.org.</p>
<p>4 See Empower Yolo's article on sexual assault awareness month in the Davis Enterprise.</p>	<p>5 Read the Presidential Proclamation on National Sexual Assault Prevention and Awareness Month at: https://www.whitehouse.gov/briefing-room/presidential-actions/2021/03/31/a-proclamation-on-national-sexual-assault-prevention-and-awareness-month-2021/.</p>	<p>6 Join us for a weekly Instagram challenge: Week 1 - SAAM Day of Action. Wear teal and share a selfie. Tag @empower_yolo & #SAAM2021 on Instagram.</p>	<p>7 Empower Yolo provides services for sexual assault survivors including safe shelter, counseling and legal advocacy.</p>	<p>8 272 domestic violence, sexual assault, human trafficking survivors (of which 76 were children) received shelter or transitional housing for 15,331 bed nights in 2020.</p>	<p>9 CARE advocates are trained peer counselors. They are prepared for emergencies, and respond 24 hours/day, 7 days/week to hospitals and police departments to support survivors.</p>	<p>10 CARE advocates continue to support and empower sexual assault survivors during the pandemic.</p>
<p>11 In 2020, the CARE Team responded to 119 sexual assault clients, 60 were children.</p>	<p>12 As COVID cases surged in Yolo County, CARE advocates were restricted from responding in-person to sexual assault forensic exams making it more difficult to support survivors.</p>	<p>13 Week 2 - Find a statistic on sexual violence and highlight it in an IG post to raise awareness. Tag @empower_yolo & #SAAM2021 on Instagram.</p>	<p>14 Empower Yolo is an authorized facilitator of Darkness to Light's Stewards of Children, a child sexual abuse prevention program.</p>	<p>15 Empower Yolo partners with the Multi-Disciplinary Interview Center to support child sexual abuse survivors and their families during forensic interviews.</p>	<p>16 Rape culture continues to place blame on the victims instead of those who cause harm. Survivors are heavily stigmatized and blamed for their assaults.</p>	<p>17 Survivors continue to be marginalized and blamed for their abuse. Loss of a job, increased isolation, and housing insecurity has only amplified the need for more support for survivors during this time.</p>
<p>18 Donate needed items for the emergency shelter during the month long "Shower for the Shelter" For more info visit: empoweryolo.org.</p>	<p>19 National Crime Victims' Rights Week April 19-23.</p>	<p>20 Week 3 - Resource Shout-Out; share one of your favorite resources for survivors on an IG post. Tag @empower_yolo & #SAAM2021 on Instagram.</p>	<p>21 Yolo County DA's Victim Recognition Ceremony. Virtual ceremony, 12 p.m. For more info: contact victim services program manager at 530-666-8187.</p>	<p>22 Support sexual assault survivors on Big Day of Giving, May 6; double your impact - we have \$12,000 in matching funds! Early giving begins 4/22 at: www.bigdayofgiving.org/empoweryolo.</p>	<p>23 Empower Yolo's therapy services expanded to include an online support group called "Thriving Teens" for youths who have experienced sexual assault.</p>	<p>24 Some survivors face additional barriers such as lack of language access, job insecurity, or fear of deportation, which make it exceptionally difficult to reach out for help.</p>
<p>25 To support our prevention education programs donate any time at: empoweryolo.org.</p>	<p>26 Call Empower Yolo's 24-hour hotline if you need support at 530-662-1133.</p>	<p>27 Create an illustration or art piece for SAAM. Take an artistic photo of your finished product and share it with your online community.</p>	<p>28 Denim Day: Wear jeans with a purpose to take a stand against victim blaming. Week 5 - take a selfie in denim and tag @empower_yolo & #DenimDay2021 on Instagram.</p>	<p>29 We can build safe online spaces - sexual harassment can happen anywhere including online spaces. As we connect online we can practice digital consent to ensure online spaces are respectful and safe.</p>	<p>30 Thank you for supporting our efforts all month long. To donate to our sexual assault programs any time visit: empoweryolo.org.</p>	