

October is Domestic Violence Awareness Month & National Bullying Prevention Month.

Support Empower Yolo and survivors of abuse all month long during our virtual campaign.

Your participation makes a difference!

**October 2020**

Join Empower Yolo for its 6th annual Paint Yolo Purple Month of Action Campaign in recognition of Domestic Violence Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Join us this month for our virtual campaign in recognition of Domestic Violence Awareness Month & National Bullying Prevention Month.	Each week this month we will highlight a program area that supports victims of abuse, and provides domestic violence services for survivors.  Join us each week to learn more!	Follow our virtual campaign all month on:  Facebook @empoweryolo  Instagram & Twitter @empower_yolo  For more info visit: empoweryolo.org.	<b>As special thank you to our sponsors, Cathy and Chuck Farman.</b>  <b>We appreciate your generosity &amp; support!</b>	Domestic Violence is the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior as part of a systematic pattern of power and control perpetrated by one intimate partner against another. (National Coalition Against Domestic Violence)	1 in 3 women and 1 in 4 men have been victims of (some form of) physical violence by an intimate partner within their lifetime. (NCADV)	DV is an epidemic affecting individuals in every community, regardless of age, economic status, sexual orientation, gender, race, religion or nationality. (NCADV)
Sponsor a new twin mattress for Empower Yolo's emergency shelter. The shelter is in need of 17 new twin mattresses. For more info & to donate go to: empoweryolo.org.	Support Empower Yolo's awareness months in January, Feb. & April 2020. Donate at: <a href="http://empoweryolo.org">empoweryolo.org</a> , or contact us to become a sponsor. <b>Your support makes a difference in our community!</b>	    Wear purple this month the color representing domestic violence awareness.	<b>Highlighting our Board of Directors (October 1-3):</b>  Empower Yolo's board consists of 12 community members. The board's role is to support the mission of the agency through leadership, oversight, guidance & fundraising.	1  Board members attend a monthly board meeting, serve on a subcommittee, & seek ways to contribute positively to the advancement of Empower Yolo's mission.	2  The board is committed to conducting business in a manner that appreciates, enhances, and utilizes the strengths of Empower Yolo's clients and honors their cultural practices and traditions.	3  If you are interested in becoming a board member, please contact: <a href="mailto:secretary@empoweryolo.org">secretary@empoweryolo.org</a> .
4 <b>Highlighting Emergency Shelter Services (October 4-10):</b>  \$26 provides one night of shelter at our safe house. Show your support at: empoweryolo.org.	5 Empower Yolo provides confidential, emergency shelter services for domestic violence, sexual assault and trafficking survivors and their children: <b>In 2019 - 333 survivors of DV/SA/HT (176 of which were children) received shelter for 29,833 bed nights.</b>	6 Empower Yolo's "Gather Around Our Kitchen" campaign to remodel our shelter kitchen began construction this summer. See our shelter kitchen remodel update on social media.	7 <b>\$2,548 provides for one client's full stay at our shelter, 14 weeks, including advocacy.</b>	8 This school year, shelter staff are supporting many children at the shelter doing distance learning, pre-school through college grade levels. Update on distance learning at the shelter.	9 <b>In 2019, Empower Yolo provided 894 crisis calls via the 24-hours/day-crisis line.</b>	10 <b>1 in 15 children are exposed to intimate partner violence each year, and 90% of these children are eyewitnesses to this violence. (NCADV)</b>
11 <b>Highlighting Counseling &amp; Legal Services (October 11-17):</b> \$126 provides legal advocacy to obtain 1 restraining order: Restraining Order Clinic update.	12 In 2019 Empower Yolo's Legal Department provided 296 victims of domestic violence restraining order assistance.	13 Family Legal Clinic Update.	14 In 2019 Empower Yolo provided <b>2,191</b> counseling sessions for <b>118</b> adults and <b>109</b> children.	15 \$528 provides 14 sessions of individual therapy for a survivor of sexual assault or domestic violence.	16 \$7,280 provides a year of children's support group, twice a week at the shelter.	17 \$3,536 provides women's domestic violence support group for one year. Online support groups are available, contact: 530-661-6336, or <a href="mailto:info@empoweryolo.org">info@empoweryolo.org</a> .
18 <b>Highlighting Resource Centers &amp; Transitional Housing (October 18-24):</b>  Food distribution update.	19 Transitional housing story.	20 Empower Yolo's Volunteer Income Tax Assistance Program assisted <b>512</b> taxpayers & received <b>\$1,169,337</b> in tax refunds in 2019.	21 Resource Centers: Supporting the immigrant community.	22 Support transitional housing clients. See the list of resources needed on social media.	23 Resource Centers: Client story.	24 Resource Centers: -D Street Resources -Knights Landing Resources
25 <b>Highlighting After School Safety &amp; Enrichment for Teens (ASSETs) (October 25-31):</b>  Anti Bullying campaign.	26 <b>Alpha Chi Omega fundraiser (Oct 25-31) to support domestic violence programs.</b>  	27 Thank you to Project Linus for making blankets for our clients.	28 <b>Join Associate Director, Celina Alveraz with the WRRRC on Instagram live @ucdwrcc, 12-12:30 p.m.</b>  	29 <b>The After School Safety and Enrichment for Teens Program served 2,577 Yolo County students in 2019.</b>	30 Donate to Empower Yolo any time at: empoweryolo.org.  Your gift makes a difference.	31 <b>Thank you for supporting Empower Yolo and survivors all month long!</b>