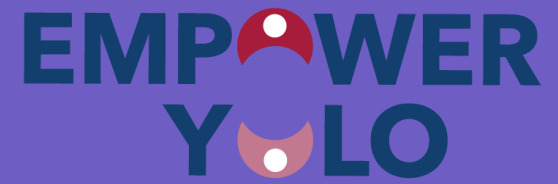


OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH & NATIONAL BULLYING PREVENTION MONTH



Promoting Safe, Healthy & Resilient Communities

SUN	MON	TUE	WED	THU	FRI	SAT
	<p>Join Empower Yolo for its 8th Annual Paint Yolo Purple Month of Action Campaign in Recognition of Domestic Violence Awareness Month.</p>		<p>Thank you to our sponsor Alpha Chi Omega at UC Davis for supporting Domestic Violence Awareness Month.</p>	<p>Join Empower Yolo for a month-long awareness campaign, baby needs drive & women's bra & underwear drive. For more info visit: empoweryolo.org.</p>	<p>Thank you to the businesses in Davis, Woodland and Winters for supporting Empower Yolo and DVAM.</p>	<p>1 Follow Empower Yolo this month at: empoweryolo.org; Facebook @empoweryolo; Instagram & Twitter @empower_yolo.</p>
<p>2 What is domestic violence? DV is a pattern of abusive behavior used to gain power and control over an intimate partner or a family member.</p>	<p>3 There is also emotional abuse also called psychological or mental abuse, financial, sexual, spiritual abuse, and abuse through technology.</p>	<p>4 Examples of abuse: Emotional -jealousy Financial - withholding funds Sexual - rape Spiritual - destroying self esteem Technology - hacking accounts.</p>	<p>5 What is the cycle of violence? The cycle of violence is a pattern of behaviors which keeps survivors locked in the abusive relationship. (Peace over violence).</p>	<p>6 ASSETs Anti Bullying Campaign Week 1: Anti Bullying Month Introduction.</p>	<p>7 In 2021 221 DV/SAVHT survivors (of which 133 were children) received shelter or transitional housing for 17,509 bed nights.</p>	<p>8 ASSETs/Woodland Youth Council Wolves Homecoming 5k to support Woodland High School Athletics. For more info visit: BIT.LY/3C2283S</p>
<p>9 In 2021 548 clients were provided rental assistance and housing support.</p>	<p>10 In 2021 1,150 clients used the clothing closet 3,803 times.</p>	<p>11 In 2021 795 crisis calls were made via the 24-hour crisis line.</p>	<p>12 In 2021 the legal department provided 265 survivors of crime restraining order assistance.</p>	<p>13 ASSETs Anti Bullying Campaign Week 2: Taking Action: What does it mean to stand up for others?</p>	<p>14 In 2021 3,933 counseling sessions were provided for 288 adults & 100 children.</p>	<p>Empower Yolo Outreach Events: *Take Back the Night March For more info: info@sactbtn.org. *Davis Upstander Carnival 10 a.m. -1 p.m. Davis Central Park For more info: davisphoenixco.org.</p>
<p>16 Donate baby items during the month-long drive for babies residing at the shelter. For a full list visit: empoweryolo.org.</p>	<p>17 A donation of \$126 provides legal advocacy for 1 restraining order. Donate any time at: empoweryolo.org.</p>	<p>18 A \$30 donation provides 1 night of shelter for a survivor, their children & a pet. Donate any time at: empoweryolo.org.</p>	<p>19 Celebrity Bartender Mojo's Lounge, 428 1st Street, Woodland, 5-7 p.m. For more info: empoweryolo.org.</p>	<p>20 Wear purple day in recognition of Domestic Violence Awareness Month. ❤️</p>	<p>21 ASSETs Anti Bullying Campaign Week 3: Creating Inclusive Spaces.</p>	<p>Empower Yolo Outreach Events: *Epic School - Community Fall Festival 11 a.m. -2 p.m., West Sac For more info: epicib.org. *AXO Runway benefitting Empower Yolo.</p>
<p>23 30 Call Empower Yolo's 24-hour crisis line if you need support at 530-662-1133.</p>	<p>24 31 All services at Empower Yolo are free, safe and confidential.</p>	<p>25 \$528 provides 14 sessions of therapy for a survivor of DV. Donate any time at: empoweryolo.org.</p>	<p>26 Support survivors of domestic violence. Make a donation to Empower Yolo's DV program any time at: empoweryolo.org.</p>	<p>27 ASSETs Anti Bullying Campaign Week 4: Healthy Relationships.</p>	<p>28 Battle of the Badge 5:30-7:30 p.m. Bowling Tournament with Police-Firefighters-DAS-Sheriff's Dept, Probation.</p>	<p>29</p>